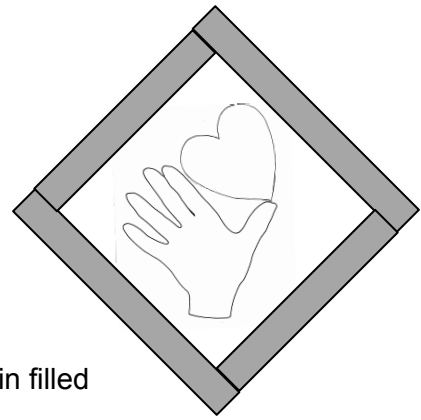


APPLIPLAY© - Heart and Hand

Fusible Interfacing and Hand Blind Stitch

SUPPLY LIST:

- Sewing machine in good working order
- Lightweight fusible interfacing (dots of fusible on one side)
- Tracing of your hand in generous proportions (plump fingers are easier to stitch and turn than slender ones)
- Paper scissors
- Good fabric scissors
- Usual sewing supplies: 70/10 or 80/12 needles, seam ripper, bobbin filled with neutral thread, etc.
- Straight pins
- .5mm mechanical pencil
- Fine line black indelible pen like "Sharpie"
- Colored threads to match patch fabrics
- Favorite sewing needle like #10 sharp, straw or #10 milliner's needle for applique
- Thimble
- Fabrics for blocks plus embellishments like laces, ribbons, etc. You will need about 2 yards of background fabric. You may want to use a few different background fabrics. You can get 6 squares from a yard. The finished blocks will be cut down to 12 ½" X 12 ½", but squares will initially be cut 13" X 13" to allow for fraying, shrinkage. You can use an assortment of fabric scraps or quarter-yard cuts for applique patches.
- **Bring your 13" X 13" cut square to class with you.**

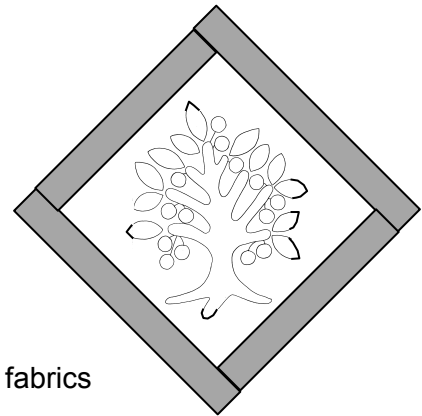


APPLIPLAY© - Cherry Tree

Hand Applique with Freezer Paper Technique

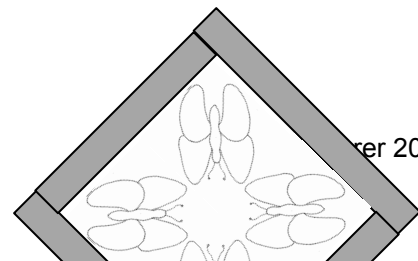
SUPPLY LIST:

- Clover mini-iron or substitute
- Firm "ironable" surface
- Freezer paper
- Paper scissors
- Manila file folder
- Good fabric scissors
- Hand sewing supplies: Size #10 milliner needles, Thread Heaven® or beeswax, needle threader, thread snips, thimble
- Straight pins (tiny applique pins are nice)
- .5mm mechanical pencil
- All purpose or #60 weight threads to match your applique patch fabrics
- Embroidery needle, embroidery floss or perle cotton
- Fabrics for patches: you can use an assortment of fabric scraps or quarter-yard cuts for applique patches.
- **13 ½" X 13 ½"** square of background fabric to allow for fraying, shrinkage. Fold in quarters diagonally; press fold lines; open repress so fold lines will show slightly.



APPLIPLAY© - Butterflies

Hand Applique using Modified Blind Stitch with Ultra-Suede and Embroidery Detail



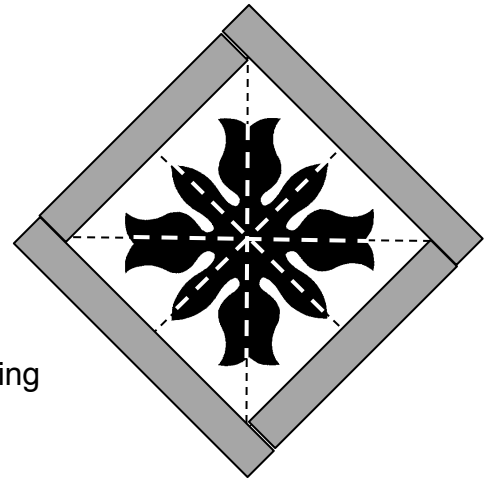
SUPPLY LIST:

- Iron or mini-iron and ironing surface
- Paper scissors & good fabric scissors
- 1 piece thin poster board
- Scotch restickable glue stick or double-faced tape
- .5mm mechanical pencil
- Fine line black indelible pen like “Sharpie”
- Colored threads to match patch fabrics
- Favorite sewing needle like #10 sharp, straw or #10 milliner’s needle for applique; thimble; straight pins
- Small paint brush; small glass container w/top
- Fabrics for butterflies in block
- **Bring your 13” X 13” cut square to class with you.**

APPLIPLAY© - Hawaiian Applique
Freezer Paper and Hand Needle Turn

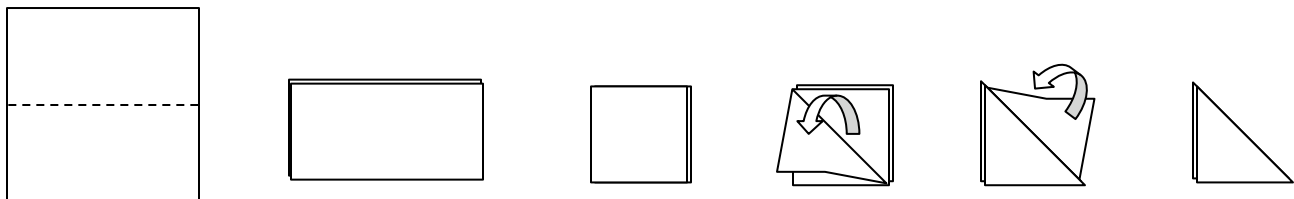
SUPPLY LIST:

- Freezer paper cut into 8 ½” squares
- 8 ½” x 11” paper sheets cut into 8 ½” squares
- Ruler and pencil
- Paper scissors
- Good fabric scissors
- Hand sewing supplies: Size #10 milliner or any hand sewing needle, Thread Heaven® or beeswax, needle threader, thread snips, thimble
- Straight pins (tiny applique pins are nice)
- Fabric glue
- One piece of fabric for applique
- All purpose or #60 weight thread to match your applique patch fabric
- **13 ½ ” X 13 ½ ”** square of background fabric to allow for fraying, shrinkage. Fold in quarters diagonally and square; press fold lines; open repress from center out so fold lines will show



Instructions

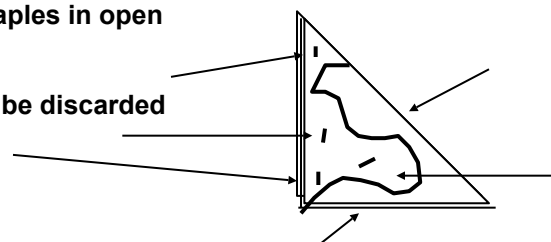
Make your own folded Hawaiian applique design: Design patterns using your imagination for image inspiration; i.e. flowers, perfume bottle, vegetables, cookie cutters, etc.



Practice drawing and cutting your designs from 8½” square sheets. Fold a sheet in half, then quarters. Fold into eighths by folding each quarter in half back on itself on the diagonal. This

Place a few staples in open

areas that will be discarded



Keep open space in this area so that you'll have enough

seam allowance for both the “flower” and the “leaf.”

Straight fold is

gives a more accurate cut-out.

After you find the design you like, cut it out of your folded square of freezer paper. Iron the freezer paper pattern onto the **right** side of the applique fabric and cut out **generously adding ¼” seam allowance**. (We’ll do detail trimming in class.) Dab fabric glue at the center point of the background square. Use a pin through the center of the applique to position the applique

onto the background matching paper pattern fold lines to the background fold lines. Dab a little glue behind each primary and secondary design element and pin in place from back.